

OCTOBER 2022 FAMILY CALENDAR

YMCA OF GREATER BOSTON



SPOOKY SLIME

Bring the family to make some Spooky and sticky slime!

PUMPKIN PLUNGE

Whether you dive deep or stay on the surface come the YMCA pool to swim or plunge for pumpkins with the whole family.

FAMILY FITNESS & 5K

We have prepped, we have trained and now we RUN (walk or push) in our October 5K held around the YMCA of Greater Boston. Enjoy the fun family support as we take on the 5K together! Please see branch listings for locations.

TRICK OR TREAT

Dress up in your costume, grab your candy bag and trick or treat your way through our YMCA building- parents and caregivers encouraged to dress up as well!

YMCA Location	Event	Date	Time
Burbank	Family Fitness: Bootcamp	October 1	8:30am - 9:30am
North Suburban	Family Fitness: Fall Run Club	Mondays Starting October 3	6:00pm - 7:00pm
Parkway Community	Spooky Slime	October 5	6:00pm - 8:00pm
Parkway Community	Family Fitness: Pumpkin Bowling	October 12	5:30pm - 6:30pm
Burbank	Spooky Slime	October 13	4:00pm - 7:00pm
Charles River	Spooky Slime	October 14	4:00pm - 7:00pm
Parkway Community	Pumpkin Plunge	October 15	4:00pm - 5:00pm
Dorchester	Family Fitness: Obstacle Course	October 15	2:00pm - 3:00pm
Dorchester	Pumpkin Plunge	October 15	1:00pm - 2:00pm
Dorchester	Spooky Slime	October 15	12:00pm - 1:00pm
North Suburban	Spooky Slime	October 15	10:00am - 12:00pm
Waltham	Spooky Slime	October 15	11:00am - 1:00pm
Roxbury	Pumpkin Plunge	October 22	2:30pm - 3:30pm
Charles River	Pumpkin Plunge	October 22	1:00pm - 3:00pm
Burbank	Pumpkin Plunge	October 22	12:30pm - 2:00pm
North Suburban	Pumpkin Plunge	October 22	1:00pm - 3:00pm
Waltham	Family Fitness	October 23	10:00am - 12:00pm
Charles River	Family Fitness: Fall Run Club	Fridays (Started September 23)	6:00pm - 7:00pm
Burbank	Trick or Treat	October 24 - 28	All Day
Roxbury	Family Fitness: Costume Obstacle Course	October 25	6:00pm - 7:00pm
Roxbury	Trick or Treat: Y We Treat	October 27	All Day
North Suburban	Trick or Treat	October 28	All Day
Parkway Community	Trick or Treat: Y We Treat	October 29	5:00pm - 8:00pm
Waltham	Pumpkin Plunge	October 29	12:00pm - 2:00pm
Roxbury	Spooky Slime	October 29	11:00am - 1:00pm
Waltham	Trick or Treat	October 30	All Day
Charles River	Trick or Treat	October 30	All Day
Dorchester	Trick or Treat: Y We Treat	October 31	5:30pm - 7:30pm

● = Waltham YMCA
 ● = North Suburban YMCA
 ● = Burbank YMCA
 ● = Roxbury YMCA
● = Parkway Community YMCA
 ● = Charles River YMCA
 ● = Dorchester YMCA