



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OAK SQUARE YMCA SPORTS CAMP 2021

What are the Camper Requirements?

Campers must be 7 - 13 in order to attend Sports Camp!

What are the Camp Hours?

Full Day: 8:00am-5:00pm

Pick up and drop off for Sports Camp will be located the Oak Square YMCA Basketball Court.

If your child is going to be dropped off late or picked up early, please contact the Camp Director.

What should my child pack?

Bathing suit and Towel

The children will be swimming daily and may play water games on the other days, so it is important that they always have their bathing suit with them.

Extra Clothes

The children will be participating in a number of different activities. Please send your children with 2 additional changes of clothing.

Sunscreen

The children will be out in the sun while they are in our care, and we want to ensure that their skin is protected. Children will be reminded to apply sunscreen at least twice during the day.

Water bottle

We will be encouraging the children to drink water throughout the day, so please pack a water bottle if you have one. Don't forget to put their name on it!

Daily Schedule

*subject to change

Day	Monday	Tuesday	Wednesday	Thursday	Friday
8:30-9:15	Morning Meeting/ Story	Morning Meeting/ Story	Morning Meeting/ Story	Morning Meeting/ Story	Morning Meeting/ Story
9:15-9:45	Snack	Snack	Snack	Snack	Snack
9:45-10:45	Swim	Swim	Swim	Swim	Swim
10:45-11:45	Skills and Drills	Skills and Drills	Field Activities	Skills and Drills	Field Activities
11:45-12:00	Theme based choice activities	Theme based choice activities		Theme based choice activities	
12:00-12:45	Lunch	Lunch	Picnic Lunch	Lunch	Lunch
12:45-1:30	Group Time	Group Time	Group Time	Group Time	Group Time
1:30-2:15	Centers	Centers	Centers	Centers	Centers
2:15- 3:00	Snack Time	Snack Time	Snack Time	Snack Time	Snack Time
3:00-3:45	Skills and Drills	Skills and Drills	Skills and Drills	Skills and Drills	Skills and Drills
3:45-4:30	Daily Cool Down	Daily Cool Down	Daily Cool Down	Daily Cool Down	Daily Cool Down
4:30-5:00	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal

Week 1: Sports Mania Camp

Week 2: Sports Mania Camp

Week 3: Soccer Camp

Week 4: Basketball Camp

Week 5: Sports Mania Camp

Week 6: Sports Mania Camp

Week 7: Soccer Camp

Week 8: Basketball Camp

Week 9: Sports Mania Camp

Week 10: Spirit Week

Sports Camp Director
Devin Collins-Ives
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This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local Board of Health.