



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## North Suburban Y Camp Nansema 2021

### What are the Camp hours?

Hours: 8:00 am- 5:00 pm

### How does Drop Off and Pick Up work?

Drop off and Pick up outside at 137 Lexington St. Woburn Ma. Adult and camper remain in car until camp screening is completed. After, you will drop camper off with Y staff near camp field. For pick up, please call camp phone to let director know you have arrived and your camper will be brought to your vehicle. Photo ID is required at pick up. Contact the camp Director when dropping camper off late, picking up early or if camper will be absent.

### What will my child do at camp?

#### Activities:

Sports & teambuilding games, arts & crafts, swimming, science, nature & literacy activities, dance & drama, along with special events. All activities will revolve around weekly themes.

### What should my child bring?

#### Bathing suit and Towel

Campers swim daily and may play water games, it is important that they always have their bathing suit and plastic bag for wet items packed. All campers are swim tested by lifeguard daily to ensure safety.

#### Extra Clothes

The children will be participating in a number of different activities. Please send your camper with additional changes of clothing.

#### Lunch and Snacks

Lunch and morning snack provided for campers; please pack a *nut free* afternoon snack. You may send in additional food if your camper will not eat what is on the menu. Menus provided at the beginning of each session.

#### Water bottle

We will be encouraging the campers to drink water throughout the day, please pack refillable water bottle with their name on it!

#### Sunblock:

We are outside 95% of the day and campers will be out having fun in the sun. Please apply sunblock prior to your camper arriving and campers will re- apply sunblock multiple times throughout the day.

### What should my child leave at home?

Cell phones and electronics, money, games, toys, drugs and weapons. YMCA is not responsible for lost or stolen objects.

## WEEKLY THEMES

\*subject to change

**Week 1:** Shark Week

**Week 4:** Mad Science

**Week 7:** Super Heroes

**Week 10:** Waterworks

**Week 2:** Animal Planet

**Week 5:** Under the Sea

**Week 8:** Color Wars

**Week 11:** Around the World

**Week 3:** Hooray for the USA

**Week 6:** Game Show

**Week 9:** Y Camp Got Talent

**Camp Director**  
Eric Stirling  
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**Billing Coordinator**  
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This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local Board of Health.