



Dedham Adventure Camp 2021

Choose Your Adventure

What is Dedham Adventure?

The Dedham Adventure Camp is a spin on your traditional YMCA camp because here our campers choose their area of expertise for the week. Campers will be able to select from 3 different tracks, which will be a Theater/Performing Arts track, a STEAM/Art track and Sports Track. Children will still get to participate in one or two regular camp activities a day (i.e. water games, field games, creative play.)

What is a typical day like at Dedham Adventure?

Drop-off/Pick-up from 8:00-9:00AM. The camp will have all of its weeks of planned activities which will be centralized around the track that they choose! Each track will start their morning with a brief lesson about an aspect of that track. After, each track will practice one of the skills related to the bigger goal of their camp for the week and engage in a few games around that skill. They'll work on mastery of the overall skill in the afternoon and move toward a bigger game or performance at the end of each of day! All campers must be picked up by 5pm. Lunch and snacks are NOT provided by the camp.

Dedham Adventure Sample Daily Schedule: (Per Track)

	Sports	Theater/Performing Arts	STEM/Arts
8:00-9:00 am	Arrival/Warm Up	Pre-Camp	Pre-camp
9:00-9:30 am	Morning Meeting & Morning Snack	Morning Meeting & Morning Snack	Morning Meeting & Morning Snack
9:30-10:15	Sports Skill 1	Theater Skill 1	Educational Lesson on Science
10:15 – 11:15	Mini Skills and Drills Games	Theater/Performing Arts Games	Small Science Experiment 1
11:15- 12:00	Sports Skill 2	Theater Skill 2	Science/Arts Movement Game
12:00 – 12:30	Lunch	Lunch	Lunch
12:30 – 1:30	Mini Skills and Drills Game	Theater Games and Show Ideas	Educational Art/Music Lesson
1:30 – 2:30	Large Game for Sport of the Week	Practice for the Weekly Show	Arts and Crafts Activity 1
2:30 – 3:00	Snack	Snack	Snack
3:00 – 4:00	General Day Camp Activity	General Day Camp Activity	General Day Camp Activity
4:00 – 5:00	Cool Down Games/Dismissal	Cool Down Games/Dismissal	Cool Down Games/Dismissal

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This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local Board of Health.