

****SAMPLE PROGRAM SCHEDULE FOR SANDY ISLAND YMCA FAMILY CAMP****

Saturday

2:00pm	Tournament Sign-ups	Lodge Porch
6:00pm	Dinner	Dining Hall
7:00-7:30pm	New Camper Orientation	Picnic Tables
7:00-8:00pm	Kids Welcome Dance	Lodge
9:00-10:30pm	Teen/Adult Welcome Dance	Lodge
Anytime	Sign Up for Water Activities	Waterfront

Sunday

7:30-9:00am	Continental Breakfast	Dining Hall
8:00am-6:00pm	Fishing Derby	Waterfront
9:30am	Chapel	Chapel
10:00-12:00pm	Meet Program Staff (Teens, Juniors, CAVE, LRSH)	Dining Hall Porch
10:00-12:00pm	Brunch	Dining Hall
10:00-12:00pm	Craft Shop Class Sign-ups	Dining Hall Porch
1:00-1:45pm	Nature & Rock, Walk & Talk	Santos Center
2:00-4:00pm	Independent Studio	Craft Shop
2:30-3:00pm	Softball Warm-Up and Practice	Ball Field
3:00-5:00pm	Staff vs. Campers Softball Game	Ball Field
5:30-6:30pm	BBQ Dinner	Picnic Tables
6:45-7:30pm	Family campfire with S'mores	Val Hall
7:00pm	Tennis Draw	Tennis Courts
7:00pm	Craft Shop (Art House) Movie	Craft Shop
7:00pm	Tournament Brackets Posted	Lodge Porch
7:30 -8:30pm	Capture the Flag	Ball Field
8:15-9:30pm	SI Sings/Campfire Adult w/ S'mores	Val Hall

Monday

7:30-9:00am	Breakfast	Dining Hall
7:45-8:30am	Boot Camp SI Fit	Ball Field
9:00-12:00pm	Little Red School House (ages 3-5)	LRSH
9:00-12:00pm	C.A.V.E (ages 6-8)/Junior (ages 9-12)	4 Square Court
9:00-12:00pm	Teen/Adult Crafts	Craft Shop
9:45-10:30am	Yoga Fit	Lodge
10:00-11:00am	Waterski	Water Ski Dock
11:00-11:45am	SUP Instruction/Fitness	Beach
11:00-12:00pm	Sandy Dance Lessons	Lodge
12:00-1:30pm	Lunch	Dining Hall
1:00-2:00pm	Coffee With the Directors	Dining Hall Porch
1:00-3:00pm	Teen Time (Swim)	Main Dock
1:00-1:30pm	Kids Tennis Lessons	Tennis Courts
1:30-2:30pm	Swim Lessons	Waterfront
1:30-3:30pm	C.A.V.E/Jr. Craft Time (Leather/Clay)	Craft Shop
2:30-3:00pm	Beginner Adult Tennis Lessons	Tennis Courts
3:00-4:00pm	Intermediate Adult Tennis Lessons	Tennis Courts
3:00pm*	Sailing Lessons Initial Meeting	Waterfront
3:00-3:30	Kids Triathlon Training (Kayak)	Waterfront
3:30-5:00pm	Mafia	Ball Field
3:30-5:00pm	Toddler Time	LRSH
3:30-5:00pm	Adult Soccer	Ball Field
6:00pm	Dinner	Dining Hall
7:00pm	Tennis Draw	Pavilion
7:00-9:00pm	Teen/Adult Crafts	Craft Shop
7:00-8:00pm	Jr. Pilot/Adult Sunset Cruise	Main Dock
8:00-9:30pm	Bingo	Lodge
8:00	Poker	Dining Hall Porch

*Sailing Lesson times for the week will be set at the initial meeting. Sailing lessons are based on 3 days of participation and weather/wind conditions.

Tuesday

7:30-9:00am	Breakfast	Dining Hall
7:45-8:30am	Boot Camp SI Strong	Ball Field
9:00-12:00pm	Little Red School House (ages 3-5)	LRSH/4-Square
9:00-12:00pm	C.A.V.E (ages 6-8)/Junior (ages 9-12)	4 Square Court
9:00-12:00pm	Teen/Adult Crafts	Craft Shop
9:30-11:30am	Teen Time	4 Square Court
10:00-11:00am	Tubing	Water Ski Dock
11:00-12:00pm	Sandy Dance Lessons	Lodge
11:00-11:45am	SUP Fitness/Instruction	Beach
12:00-1:30pm	Lunch	Dining Hall
1:00-1:20pm	Kids Tennis Lessons	Tennis Courts
1:30-5:00pm	Wolfeboro Running Rail Trail	Main Dock
1:30-5:00pm	Wolfeboro Shopping Trip	Main Dock
1:30-3:30pm	C.A.V.E./Juniors Craft (Woodworking)	Craft Shop
1:30-2:30pm	Swim Lessons	Waterfront
1:30-3:00pm	Waterski	Water ski Dock
2:00-3:00pm	4-Square Challenge	4-Square Court
2:30-3:00pm	Beginner Adult Tennis Lessons	Tennis Courts
3:00-4:00pm	Intermediate Adult Tennis Lessons	Tennis Courts
3:00-3:30pm	Kids Triathlon Training (Run)	4-Square Court
3:30-5:00pm	Manhunt	4-Square Court
5:00-5:30pm	Core & More	Lodge
*See Monday	Sailing Lessons	Waterfront
6:00pm	Dinner	Dining Hall
7:00pm	Tennis Draw	Pavilion
7:00-9:00pm	Teen/Adult Crafts	Craft Shop
7:00-8:00pm	Kids Dance	Lodge
8:15pm	Wish Boats	Beach
9:00-10:30pm	Teen/Adult Dance	Lodge

Wednesday

7:30-9:00am	Breakfast	Dining Hall
7:45-8:15am	Boot Camp Express	Lodge
8:15-8:45am	Slnsanity	Lodge
9:00-12:00pm	Little Red School House (ages 3-5)	LRSH/4-Square
9:00-12:00pm	C.A.V.E (ages 6-8)/Junior (ages 9-12)	4 Square Court
9:00-11:15am	Teen/Adult Tie Dye	Craft Shop
9:15-10:15am	Camp Improvement w/K.Lemay	Picnic tables
9:30-11:30am	Teen Time	4 Square Court
9:45-10:30am	Yoga	Lodge
10:00-11:00am	Water Ski	Water Ski Dock
11:00-11:45am	SUP Fitness/instruction	Beach
12:00-1:30pm	Lunch	Dining Hall
1:00-1:30pm	Kids Tennis Lessons	Tennis Courts
1:30-3:00pm	Family Tie Dye	Craft Shop
1:30-2:30pm	Swim Lessons	Waterfront
1:30-2:00pm	Tubing	Waterski Dock
1:30-2:00pm	Beginner Adult Tennis Lessons	Tennis Courts
2:00-3:00pm	Intermediate Adult Tennis Lessons	Tennis Courts
*See Monday	Sailing Lessons	Waterfront
3:00-3:30pm	Kids Triathlon Training (Swim)	Waterfront
3:00-3:30pm	Aqua Run and Stretch	Waterfront
3:15-5:00pm	Teen Tubing	Waterski Dock
3:30-5:00pm	Toddler Time	LRSH
5:15-6:00pm	Hobo Dinner	Val Hall
5:30-6:30pm	BBQ Dinner	Picnic Tables
6:30-11:15pm	Trip to Weirs Beach/ Meredith	Main Dock
7:00pm	Tennis Draw	Pavilion
7:00-9:00pm	Independent Studio Teens/Adults	Craft Shop
7:00pm	Kids Movie	Lodge
9:00pm	Teen/Adult Movie	Lodge

Thursday

7:15-9:45am	Yak-A-Du	Waterfront
7:30-9:00am	Breakfast	Dining Hall
9:00-12:00pm	Little Red School House (ages 3-5)	LRSH
9:00-10:30am	Parent Tour of NW/PVC	Picnic Tables
9:00-12:00pm	C.A.V.E (ages 6-8)/Junior (ages 9-12)	4 Square Court
9:00-12:00pm	Teen/Adult Crafts	Craft Shop
10:00-11:00am	Water ski	Water Ski Dock
11:00-11:45am	Aqua Run and Noodle Fun	Beach
12:00pm	Skippers Meeting/Regatta Sign-up	Lodge Porch
12:00-1:30pm	Lunch	Dining Hall
1:00-1:30pm	Kids Tennis Lessons	Tennis Courts
1:30-2:30pm	Swim Lessons	Waterfront
1:30-3:00pm	Tubing	Waterski Dock
1:30-3:30pm	C.A.V.E./Junior Crafts	Craft Shop
1:30-2:00pm	Beginner Adult Tennis Lessons	Tennis Courts
2:00-3:00pm	Intermediate Adult Tennis Lessons	Tennis Courts
*See Monday	Sailing Lessons	Waterfront
3:15-4:00pm	Teen Tubing	Waterski Dock
3:30-5:00	Kids/Teens Frisbee Golf	Frisbee Golf Hole 1
5:00-5:30pm	Core & More	Lodge
6:00pm	Dinner	Dining Hall
7:00pm	Tennis Draw	Pavilion
7:00-9:00pm	Independent Studio Teens/Adults	Craft Shop
7:15-8:15pm	Kids Talent Show	Lodge
8:30pm	Teen/Adult Talent Show	Lodge

Friday

7:15am	Teen/Adult Triathlon	Waterfront
7:30-9:00am	Breakfast	Dining Hall
9:00-12:00pm	Teen/Adult Crafts Finish-up	Craft Shop
9:00-10:00am	Little Red School House	LRSB
9:00-11:45am	Water Carnival	Waterfront
9:45-10:30am	Yoga	Ball Field
10:15-11:45am	Toddler Time	LRSB
12:00-1:30pm	Lunch	Dining Hall
1:30-3:30pm	Family Craft Finish/Pick up	Craft Shop
2:00pm	Junior Triathlon (12 & under)	Waterfront
3:30-5:00pm	Toddler Time	LRSB
3:30-5:00pm	Family Soccer Game	Ball Field
**	Sailing Regatta	Waterfront
4:00-4:30pm	Core Strength	North Dock
4:30-5:00pm	Aqua Run & Stretch	Beach
6:00pm	Dinner	Dining Hall
6:00-7:30pm	Arts & Crafts Show and Sale	DH Porch
7:00-8:00pm	Kids Farewell Dance	Lodge
8:00-9:00pm	Teen Volleyball	Volleyball Court
9:00-10:30pm	Teen/Adult Farewell Dance	Lodge

**Time set at Skippers Meeting

Depending on weather/wind conditions